



MOMENTUM ARTS STUDIOS

Back to Dance

COVID SAFE PLAN AS AT (9.11.2020) - will be updated accordingly.

This document outlines Momentum's new procedures and protocols for handling Acrobatics/Dance classes for the foreseeable future.

GENERAL PURPOSE & CLASS LIMITS

The safety of our students and families is paramount, our new protocols along with the government guideline will ensure we maintain an exceptional standard of hygiene to avoid any possible transmission within our studio space.

We ask you to please go through the following points with any student/students who train with us to ensure we are all clear on the new structure!

If at any point we believe it is unsafe for your child to participate in a lesson we will call you immediately to come and collect.

Face masks are essential for all those 12 years and over when entering and exiting the venue please remember to bring one. We will regulate the use of masks in the classroom based on the severity of the exercise.

Class times will remain the same, however we will use the first 5 minutes to conduct our attendance, sanitization, temp checks and clean. We ask you to please be patient during this process.

Dance classes are mostly contactless already so we are avoiding any unnecessary touching (high fives, floor work, etc) to avoid germ spread.

- *We will be utilizing a 1.5sqm pp rule with a cap of 20 for 18 years and under, and limiting 18+ classes accordingly (currently 10 per space).*

Acro classes will have a stronger focus on stretch and strength, utilising a more independent training method, where necessary, we will be working with a step in - step out spot.

- *We will be utilizing a 1.5sqm pp rule within the studio and capping classes accordingly.*

ENTERING AND EXISTING PROCEDURE

- We will use the first 5 minutes of each lesson to prepare the studio, take attendance, and sanitise. All classes will conclude at the specified time.
- Due to the limitations of 18+ individuals per space we cannot allow any parents in the studio at any point (adult classes will be capped at 10).
- **Please DO NOT arrive any earlier than 5 minutes before your designated class time** as you will not be allowed entry and we don't want any students wandering unattended.
- Students will be collected from the designated "waiting area" at the start of each class and will be walked out to the pick up point upon conclusion.
- To avoid unnecessary contact whilst waiting for your child, we ask you maintain a safe distance outside and encourage social distancing where possible.

- ELSTERNWICK PRIMARY PROTOCOL -

- Students arriving can be dropped off at the main entrance to the hall then wait in the kitchenette until called for class - strictly no parents inside the hall or foyer.
- We will dismiss students from the front door - if you are running late to pick up students will be directed to wait in the kitchenette until a parent/carer arrives.
- Those coming straight from Elsternwick Primary will need to contact Jack to arrange additional care before class.

- HEALTHWAYS REC CENTRE -

- Students taking dance classes are to be dropped off **directly opposite the entrance to HEALTHWAYS** outside STUDIO 4 (Acro room), we will conduct temp checks, take attendance, and sanitize before walking each class into the centre and up to the studio.

If you're running late you will need to drop your child at the entrance, Healthways staff will temp check your child then they can head up to the studio.

- At the conclusion of each lesson we will walk students out of the centre to be collected.

- We encourage a single parent to pick up/drop off - where possible please avoid sitting in the kitchenette to spectate - if necessary pay attention to capacity limits.

- **In any instance where a parent/carer needs to enter the building you are required to get your temperature checked and sign is using the QR code for tracing purposes.**

* If you are not there/running late at pick up we will ask your child to wait in the studio with their teacher, you will need to scan the QR code to enter the building to collect them.

DO NOT LEAVE YOUR CHILD UNATTENDED INSIDE OR OUT!

- Acro classes will run the same. Students will be invited into the studio at the start of each class, and let out before the next class enters.

INSIDE THE STUDIO

- The staff member on site will be the designated Covid Marshall at that point in time, they are responsible for taking your temperature and attendance before you can participate.
- There will be sanitising stations at the entrance to each studio. We ask that you please use before, after, during, and in-between your lesson. Ample signage will be provided.
- We will be enforcing a strict 1.5 metre spacing rule, for our younger students can you please reinforce that they keep a safe distance and do not touch one another.
- If you cough, sneeze or blow your nose we will ask you to wash your hands immediately. (We will have tissues available inside the studio for all those who require them, but if you are sick enough to blow your nose regularly please stay home).
- REMEMBER YOUR OWN WATER! Please do not share your bottle with others.
- We ask you to please come already changed for class to minimize surface contact - we are allowed to use change rooms but are trying not to where possible.
- We will be wiping down high touch surfaces, studio spaces, & acro equipment between classes.

COVID-19 OUTBREAK PROCEDURE

- We will notify all who are at risk of transmission via text & email.
 - If you arrive late please make sure the teacher takes your attendance - it is crucial we have 100% accurate records.
- We will conduct a deep clean at the site and may need to close for a short period - those effected will be texted/emailed, so please update us on any changes to your contact details ASAP!

Please remind students that there will be a new sense of “*normal*”, this is temporary but we need to embrace the change and remain vigilant with our approach. We thank you for your patience and commitment so far and know that with your help we can create a functional, successful, and safe training environment for everyone!

Remember Momentum never stops - it simply changes direction!!

If you are feeling unwell you should stay at home!

If you have symptoms of COVID-19, however mild, you should get tested.

If one of the Momentum Staff believes it is not safe for your child to be at the studio we will call you immediately to come and collect. We can not risk a possible outbreak, we appreciate your understanding and patience during this difficult time!